

# Primary Care Education Program

[www.kidney.org.au/health-professionals](http://www.kidney.org.au/health-professionals)

## **Kidney Health Australia**

We are a not-for-profit organisation dedicated to helping people with kidney disease, with a view to improving their health outcomes and quality of life, and that of their families and carers.

## **Primary Care Education Program**

**AIM:** To support best practice detection and management of kidney disease and related conditions by providing comprehensive clinical education and resources for health professionals working in primary care.

- **Accredited** education for health professionals on chronic kidney disease and related conditions
- partnering with organisations to hold interactive workshops for
  - GPs
  - Nurses
  - Other health professionals

**FREE** online learning at [thinkGP.com.au/KHA](http://thinkGP.com.au/KHA)

**Order** your handbook '**CKD Management in General Practice**'

**Download** the handbook or the app '**CKD-Go!**' – rated 4/4 stars by Medical Observer, 2016

## **Contact**

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**P | 08 8334 7512**

**[www.kidney.org.au](http://www.kidney.org.au)**

**[www.thinkGP.com.au/KHA](http://www.thinkGP.com.au/KHA)**

# Kidney disease education is important

**1 in 3 Australians**  
is at increased risk of kidney disease



- 1 in 10 Australian adults has CKD
- Diabetes is the leading cause of kidney failure
- You can lose up to 90% of your kidney function before experiencing any symptoms
- Individuals with CKD are at a 2-3-fold greater risk of cardiac death than individuals without CKD
- The usual setting for initial assessment and diagnosis of CKD is in general practice.

## CKD risk factors

- Diabetes
- Hypertension
- Established cardiovascular disease
- Family history of kidney failure
- Obesity (BMI  $\geq 30$ kg/m<sup>2</sup>)
- Smoker
- Aboriginal or Torres Strait Islander origin  $\geq 30$  years of age
- Age over 60 years
- History of acute kidney injury

## Primary Care Education

Primary care education is an interactive learning experience facilitated by a local Nephrologist or Renal Nurse selected by KHA.

Primary care education is available for:

- **Interactive face-to-face workshops**
- **Active Learning Modules**
- **Quality Improvement Activities**
- **Online learning** [www.thinkGP.com.au/KHA](http://www.thinkGP.com.au/KHA)
- **Conferences**
- **Interactive web-based sessions**

Education modules are accredited for Continuing Professional Development with: RACGP, ACRRM & APNA

## Primary Care Resources

**CKD Management in General Practice** handbook, 3<sup>rd</sup> edition

CKD-Go! app

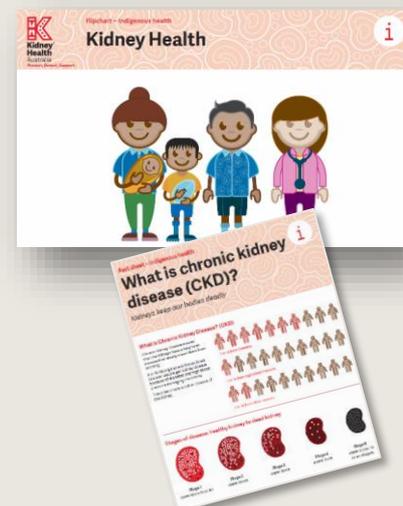
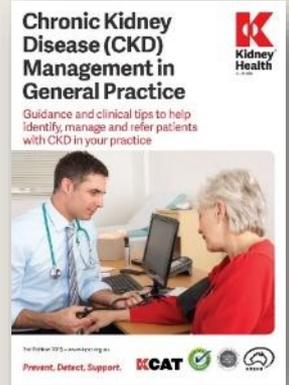
CKD posters

**My Kidneys My Health** patient handbook and app

Indigenous health worker resources - *Clinic room education flipchart, & patient handouts*

Workshop resources Packs

Order your resources from [primarycare@kidney.org.au](mailto:primarycare@kidney.org.au) or visit [www.kidney.org.au](http://www.kidney.org.au)



# 2018 Primary Care Education

Topics	GPs 	Nurses 	Indigenous Health Workers 	Other health professionals 	Online 
<b>Core CKD</b>					
1) Detecting & Managing Chronic Kidney Disease	✓	✓	✓	✓	✓
2) Managing stage 3 Chronic Kidney Disease: Disease progression & complications	✓	✓*			
3) CKD issues for General Practitioners: 4 common cases	✓	✓*			✓
4) CKD in Indigenous Australians	✓	✓*			
5) Understanding CKD: Aboriginal & Torres Strait Islander Health Services		✓	✓	✓	
<b>CKD and chronic conditions</b>					
6) Connecting CKD: managing resistant hypertension	✓	✓*			
7) Connecting CKD: the link with cardiovascular disease	✓	✓	✓	✓	✓
8) Connecting CKD: the link with Diabetes	✓	✓	✓	✓	✓
<b>CKD extended learning</b>					
9) Acute Kidney Injury	✓	✓*			
10) Impacts of CKD in older people	✓	✓	✓	✓	
11) eGFR and drug dosing in CKD	✓	✓*		✓	
12) Managing stage 4 & 5 CKD: working with the nephrologist	✓	✓*			
13) Decision support and symptom control in ESKD	✓	✓*			
14) <b>**NEW**</b> Polycystic Kidney Disease	✓	✓*			

\*Indicates learning outcomes are pitched at a GP level but would generally be suitable for any health professional who is involved in CKD management.

## Contact our team

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[www.kidney.org.au](http://www.kidney.org.au)

## Online Learning

To access our free online learning modules, please visit  
[www.thinkGP.com.au/KHA](http://www.thinkGP.com.au/KHA)

**KHA's Primary Care Education Program is proudly associated with the following organisations**



RACGP

QI&CPD  
2017-19 Accredited Activity  
Provider



***“Evidence suggests that CKD is not being adequately detected or appropriately managed in primary care”***

Statistics referenced from 'CKD Management in General Practice' 3<sup>rd</sup> edition, 2015, Melbourne, Kidney Health Australia

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## Thanks to our supporters



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